the bistro

at Hong Lok Yuen

menu

Soups 湯

Soup of the Day $42
ask your server for details
是日餐湯

Chinese Soup of the Day $45
ask your server for details
是日中式老火湯

Lobster Bisque $76
served with Garlic Baguette
龍蝦湯伴香蒜法包

French Onion Soup Gratinée $57
法式洋蔥湯

Creamy Wild Mushroom Soup $57
忌廉野菌湯

Lobster Bisque

Appetisers 頭盤

Sous Vide Watermelon Salad $79
with Cacique Cheese, Cherry Tomatoes, Radish, Flaxseed, Coriander & Lime and Balsamic Reduction
西瓜車厘茄沙律伴墨西哥芝士及亞麻籽

Prawn Cocktail $96
with Avocado and Lemon Wedge
雞尾酒蝦伴牛油果

Seared Sea Scallops $112
served with Parma Ham, Portobello Mushrooms, Tomato Salsa and Basil Pesto
香煎帶子伴巴馬火腿及意式蘑菇配蕃茄莎莎

Parma Ham $95
with Hot Spring Egg, Parmesan Cheese, Arugula and Potato Salad
巴馬火腿温泉蛋薯仔沙律

Sautéed Chorizo $94
with Garlic Olive Oil accompanied by Toasted Foccacia
蒜香欖油炒西班牙辣肉腸伴意大利香草包

Smoked Scottish Salmon $95
served with Mesclun Salad, Red Onions, Capers and Sour Cream accompanied by Toasted Focaccia
煙三文魚沙律

Sous Vide Watermelon Salad

Smoked Scottish Salmon

Parma Ham

HONG LOK LAU FOOD SERVING ARRANGEMENTS

Hong Lok Lau menu items are not available in The Bistro and The General's at any time.
Thank you for your understanding.

康樂樓美食之限制及安排

為確保員工安全及服務質素, 讓康樂樓內之顧客得到最全面的招待, 本會已實施以下美食之限制及安排:

康樂樓美食只會於康樂樓供應。

感謝閣下的配合和體諒。

Vegetarian Items

Signature Dish

Snacks 小食

Avocado and Sundried Tomato Dip $70
served with Flatbreads
牛油果乾茄沾醬配薄脆包

Avocado and Sundried Tomato Dip

Japanese Style Fried Boneless Chicken $78
with Cabbage Salad and Mayo
唐揚炸雞塊

Traditional Curry Vegetable Samosas $75
with Yogurt Mint Sauce (4pcs)
正宗印度雜菜咖喱角（4件）

Thai Style Prawn Cakes $85
with Sweet Chili Sauce (5pcs)
泰式炸蝦餅(5件)

Japanese Style Fried Boneless Chicken

Malaysian Vegetable Spring Rolls $64
with Sweet Chili Sauce (6pcs)
馬來蔬菜春卷（6件）

Chicken or Pork Satays ½ Dozen $80 / 1 Dozen $145
served with Peanut Sauce & Marinated Vegetables
雞肉或豬肉沙嗲

Crispy Fried Chicken Wings $78
with Cajun Spice (6pcs)
香辣雞中翼(6件)

Fish & Chips $122
Breaded N.Z. Ling Fillet served with Steak House Fries and Tartar Sauce
炸魚薯條

Garlic Bread $55
(5pcs)
蒜香法國麵包（5件）

Breaded Mozzarella Cheese Sticks $73
served with Marinara Sauce (6pcs)
炸芝士條配蕃茄醬(6件)

French Fries or Steak House Fries $41
炸薯條或粗薯條

Salads 沙律

Fresh Burrata Cheese and Cherry Tomato Salad $94
with Fresh Basil, Arugula and Balsamic Olive Oil
新鮮布拉塔芝士車厘茄沙律

Greek Chicken Salad $88
with Roasted Chicken Breast, Feta Cheese, Olives, Piquillo Peppers and Cucumber in Oregano White Balsamic Vinaigrette
希臘燒雞沙律

Mixed Garden Salad starter $77 / side $40
with Cucumber, Cherry Tomatoes, Radish, Red Onions in Lemon Olive Oil
田園雜菜沙律

Spicy Seafood & Glass Noodle Salad $94
with Hokkaido Squid, Prawns, Glass Noodles, Peanuts, Crispy Shallots, Fish Sauce in Coriander Chili Lime Dressing
泰式鮮魷明蝦粉絲沙律

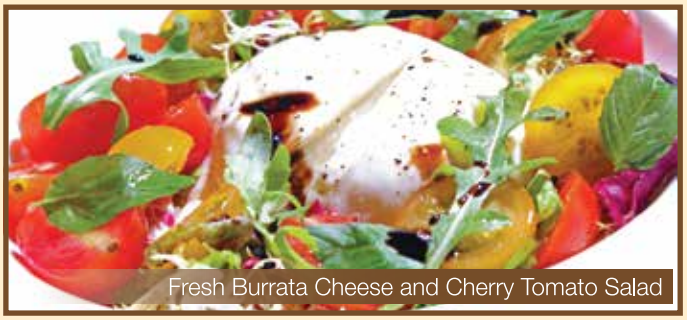
Cobb Salad $94
Romaine Lettuce, Roasted Chicken Breast, Cherry Tomatoes, Avocado, Red Onions, Boiled Egg, Bacon with Red Wine Vinaigrette
美式雞肉牛油果雜菜沙律

Nicoise Salad $84
with Tuna, French Beans, Boiled Egg, Potatoes, Black Olives and Anchovies
尼哥斯沙律

The Country Club Salad $110
Roasted Beef, Roasted Chicken Breast, Parma Ham, Potatoes, Boiled Egg, Young Leaves, Garlic Bread Croutons and Mustard Dressing
"會所沙律"
燒牛肉、燒雞胸、巴馬火腿、薯仔、烚蛋、雜菜及香蒜脆麵包粒配芥末汁

Caesar Salad $88
with Romaine Lettuce, Bacon Bits, Croutons & Parmesan Chip
凱薩沙律

add Seared Prawns, Smoked Salmon, Roasted Chicken Breast or Parma Ham
另加:炒蝦、煙三文魚、燒雞胸或巴馬火腿 $34 each


Fresh Burrata Cheese and Cherry Tomato Salad

Chicken Satays

Asian Selections 亞洲風味

Japanese Pork Belly Rice $98
with Onions, Enoki Mushrooms and Teriyaki Sauce
accompanied by Hot Spring Egg
照燒洋蔥汁炒金菇黑豚五花腩片伴温泉蛋配珍珠飯

Malaysian Laksa $92
with Yellow Noodles, Vermicelli, Shrimps, Fish Cake, Bean Sprouts, Bean Puff and Boiled Egg
馬來喇沙

Beef Pho (Vietnamese Rice Noodle Soup with Beef) $88
with Sliced US Beef, Bean Sprouts and Onion Rings in Beef Broth
越式牛肉湯河

Nasi Goreng (Indonesian Fried Rice) $102
with Shrimp, Sambal Sauce & Fried Shallots
accompanied by Chicken Satays (2pcs) and a Fried Egg
印尼炒飯

Singapore Fried Flat Rice Noodles $96
with Shrimp, BBQ Pork, Turmeric, Curry and Bean Sprouts
星洲炒貴刁

Hainanese Chicken $114
served with Fragrant Rice, Traditional Condiments, Chinese Greens & Daily Chinese Soup
海南雞飯

Hong Kong Style Baked Pork Cutlet Rice $100
with Duo Cheese Tomato Sauce
港式焗吉列豬扒飯

Thai Boneless Chicken Green Curry $96
with Thai Eggplant and Green Beans on Steamed Rice
泰式青咖喱雞球配白飯

Japanese Curry Pork Cutlet $100
served with Steamed Japanese Rice and a Fried Egg
日式吉列豬扒咖喱伴煎蛋及珍珠飯

Thai Green Chicken Curry

Burgers & 漢堡包及 Sandwiches 三文治

Make Your Own Sandwich $70
自選三文治
Choose 2 of any the following items:
Gammon Ham, Chicken Breast, Crispy Bacon, Fried Egg, Scrambled Egg, Tuna Mayonnaise, Iceberg Lettuce, Tomato, Chedder Cheese, Emmental Cheese, Cucumber, Button Mushrooms, Avocado on White or Brown Bread
自選以下兩款配料：
金門火腿、雞胸、脆煙肉、煎蛋、炒蛋、白汁吞拿魚、生菜、蕃茄、車打芝士、瑞士芝士、青瓜、蘑菇、牛油果配白麵包或麥包
Additional items 額外配料 $11 each

Chicken and Avocado Sandwich $78
with Iceberg Lettuce, Tomato & Mayonnaise in White Toast
燒雞胸牛油果三文治

Pulled Beef Sandwich $90
with BBQ Sauce, Gruyere Cheese, Arugula and Tomatoes in Toasted Focaccia
燒烤醬牛肉絲芝士意式三文治

The Country Club Sandwich $82
with Ham, Chicken, Bacon, English Chedder Cheese, Mayonnaise, Tomato, Iceberg Lettuce & Fried Egg
White or Brown Toast
康樂園會所三文治
火腿、雞肉、煙肉、芝士、白汁、蕃茄、生菜、煎蛋配白麵包或麥包

Chicken Quesadillas $96
with Avocado, Sautéed Button Mushrooms, Cacique Cheese and Corinader accompanied by Chunky Salsa
墨西哥芝士蘑菇雞胸牛油果夾餅

Whole Beef Burger $106
with Angus Beef Patty (200gm), Iceberg Lettuce, Tomatoes, Red Onions and Pickles in a toasted Sesame Bun
牛肉漢堡包

B.L.T. Angus Beef Onion Burger $116
with Angus Beef Patty (200gm), English Chedder Cheese, Iceberg Lettuce, Tomato, Red Onions and Pickles
安格斯牛肉煙肉芝士洋蔥漢堡包

Fish Cutlet Burger $92
with Breaded N.Z. Ling Fillet, Iceberg Lettuce, Tomato, Red Onions, Pickles and Tartare Sauce
吉列魚柳漢堡包

*Burgers & Sandwiches are served with French Fries and Mixed Salad
以上漢堡包及三文治均配薯條及沙律
*Sandwiches with choice of white or brown bread
三文治可選白麵包或麥包

Add extra items to any burger or sandwich $11 each
任何漢堡包及三文治可加配以下配料，每款$11
Ham, Bacon, Egg, English Cheddar Cheese, US Cheddar Cheese, Emmental Cheese, Tomato, Cucumber, Avocado, Button Mushroom, Onion, Pickles
火腿、煙肉、蛋、英國車打芝士、美國車打芝士、瑞士芝士、蕃茄、青瓜、牛油果、蘑菇、洋蔥或醃菜

B.L.T Angus Beef Burger

Pulled Beef Sandwich

Pastas & Risotto 意粉及意大利飯

Ricotta and Spinach Ravioli $104
with Arugula on Basil Sundried Tomato Sauce
意式乾茄汁菠菜芝士雲吞

Spinach and Ricotta Cheese Ravioli

Vegan Spaghetti $88
with Zucchini, Cherry Tomatoes and Basil Sundried Tomato Sauce
意大利青瓜蕃茄汁意粉

Spaghetti Bolognese $96
with Shaved Parmesan Cheese
芝士肉醬意大利粉

Classic Linguini Carbonara $98
with Pancetta and Canadian Bacon
加拿大煙肉卡邦尼扁意粉

Grilled Chicken Steak Penne $96
with Cherry Tomatoes and Gravy
accompanied by Fried Spring Onions
烤雞扒伴焗蕃茄配燒汁長通粉

Peruvian Hot Spaghetti $96
with Pork Sausages and Cherry Tomatoes
in Rocoto Pepper Pomodoro Sauce
豬肉腸秘魯辣椒蕃茄醬意粉

Peruvian Hot Spaghetti

Seafood Risotto

Seafood Linguini $100
with Hokkaido Squid, Mussels and Shrimp in Basil Tomato Sauce
香草蕃茄汁海鮮燴扁意粉

Seafood Risotto $148
with Hokkaido Squid, Mussels, Shrimp and Prawn Oil
海鮮意大利飯

Add your choice of the following to your Pasta 另加以下配料
Salami $35, Pepperoni $35, Chicken Breast $40, Parma Ham $45 or Sautéed Shrimps $45
沙樂美腸 $35、辣肉腸$35、雞胸 $40、巴馬火腿 $45 或炒蝦 $45

Main courses 主菜

Salmon Meuniere $188
served with Boiled New Potatoes and French Beans
文也三文魚柳配新薯及法邊豆

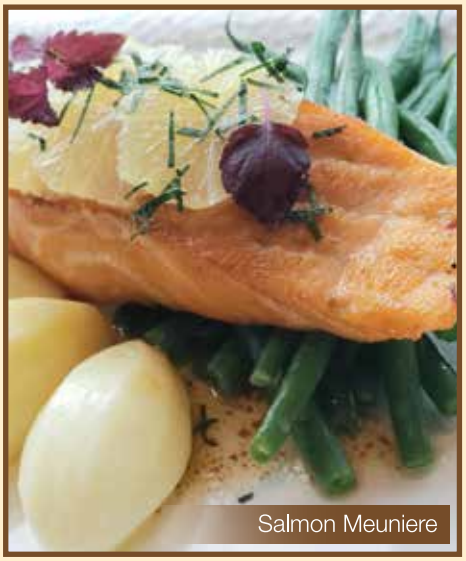
Oven Roasted Chicken (half) $180
with Lemon and Herbs on Spicy Potato Wedges and Mixed Garden Salad
檸香烤雞(半隻)伴香辣薯角及田園沙律

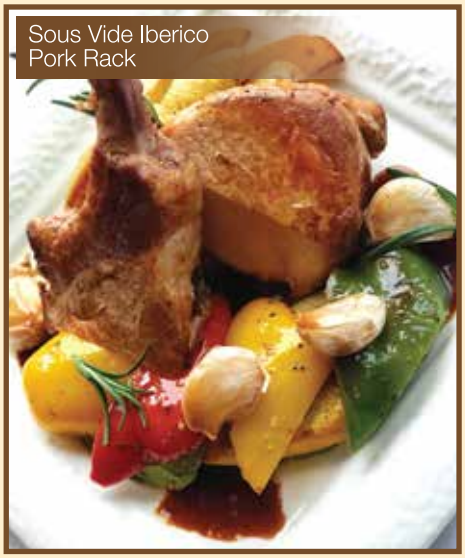
Roasted NZ Rack of Lamb $205
served with Mediterranean Vegetables, Roasted Potatoes and Rosemary Sauce
紐西蘭羊架伴地中海雜菜及燒新薯配香草汁

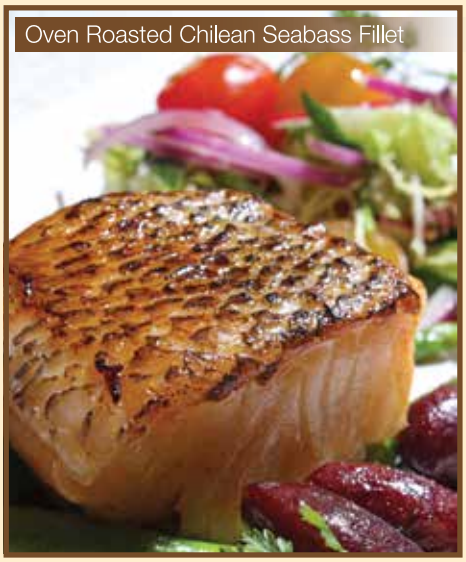
Sous Vide Iberico Pork Rack $268
served with Mediterranean Vegetables and Roasted Potatoes on Roasted Garlic Gravy
慢煮西班牙黑毛豬扒伴地中海雜菜及燒新薯配燒蒜汁

Seared US Prime Rib Eye Steak (12oz) $325
served with Mediterranean Vegetables and Roasted Potatoes on Black Pepper Sauce
香煎美國頂級肉眼扒(12安士)伴地中海雜菜及燒新薯配黑椒汁

Oven Roasted Chilean Seabass Fillet $215
with Smoked Paprika served on Roasted Baby Yam Potatoes and Thai Asparagus accompanied by Mixed Garden Salad
煙焗智利鱸魚柳伴燒蕃薯仔及蘆筍配雜菜沙律


Salmon Meuniere


Sous Vide Iberico Pork Rack


Oven Roasted Chilean Seabass Fillet

Sides dishes 配菜

Steamed Rice 絲苗白飯	$14
Sautéed Mixed Vegetables with Butter 牛油炒雜菜	$38
Sautéed Broccoli with Garlic 蒜蓉炒西蘭花	$38
Buttered Corn Kernels 牛油粟米粒	$38
Linguini Pasta tossed with Olive Oil 橄欖油扁意粉	$40
Mashed Potatoes 薯蓉	$40
Roasted New Potatoes 燒新薯	$40

Chef's 12" pizzas
大廚特色12吋薄餅

Margherita — $135
Tomato Sauce, Mozzarella Cheese and Basil
蕃茄蓉芝士香草薄餅

Hawaiian — $135
Gammon Ham, Pineapple, Tomato Sauce, Mozzarella Cheese and Basil
夏威夷薄餅

Parma Ham & Mushroom — $145
Parma Ham, Tomato Sauce, Mozzarella Cheese, Basil, Button Mushrooms and Arugula Salad
巴馬火腿白菌火箭菜薄餅

Vegetarian Pizza — $135
Black Olives, Green Peppers, Corn Kernels, Button Mushrooms, Red Onions, Tomato Sauce, Mozzarella Cheese and Basil
素菜芝士薄餅

Garlic & Duo Cheese — $145
Minced Garlic, Olive Oil, Emmental Cheese, Mozzarella Cheese and Basil
蒜香雙重芝士薄餅

Meat Lover — $150
Roasted Chicken Breast, Pepperoni, Spicy Italian Salami, Gammon Ham, Tomato Sauce, Mozzarella Cheese and Basil
意式風情薄餅

Pulled Beef Pizza — $150
BBQ Sauce Pulled Beef, Red Onions, Green Peppers, Tomato Sauce and Mozzarella Cheese and Basil
燒烤醬牛肉絲薄餅

Parma Ham & Mushroom Pizza

Garlic & Duo Cheese Pizza

Add extra items to any Pizzas $11 each 任何薄餅可加以下配料, 每款$11
Pepperoni, Salami, Anchovies, Roasted Chicken Breast, Smoked Salmon, Parma Ham, Pineapple, Black Olives, Button Mushrooms, Arugula
辣肉腸、沙樂美腸、銀魚柳、烤雞胸、煙三文魚、巴馬火腿、菠蘿、黑橄欖、蘑菇、火箭菜

Desserts 甜品

Movenpick Ice-Creams & Sorbets — per scoop $33
Vanilla Dream Ice-Cream, Strawberry Ice-Cream,
Swiss Chocolate Ice-Cream, Passion Fruit & Mango Sorbet,
Lemon & Lime Sorbet
瑞士雪糕或雪葩
雲呢喃夢幻雪糕、士多啤梨雪糕、瑞士朱古力雪糕、熱情果芒果雪葩
或檸檬青檸雪葩

Banana Split — $67
with Vanilla, Strawberry and Chocolate Ice-Cream and Whipped Cream
三色雪糕香蕉船

Freshly Baked Apple Tart — $67
with Vanilla Ice-Cream
鮮焗蘋果撻配雲呢喃雪糕
(requires 20 minutes 需時20分鐘)

Chocolate Ice-Cream Sundae — $67
Chocolate Ice-Cream, Brownie, Coco Rice, Fresh Cream and Hot Chocolate Sauce
朱古力雪糕新地

Freshly Baked Soufflé — $67
served with Vanilla Ice-Cream (available at The Bistro only) (requires 20 minutes)
with your choice of Flavors : Vanilla, Chocolate and Grand Marnier
自選梳乎喱配雲呢喃雪糕（自選口味: 雲呢喃、朱古力或橙酒）
只限於Bistro供應(需時20分鐘)

Semi Baked Chocolate Pudding — $67
served with Strawberry Ice-Cream (requires 20 minutes)
朱古力心太軟配士多啤梨雪糕(需時20分鐘)

Fresh Fruit Mille-feuille — $67
served with Vanilla Ice-Cream
鮮果拿破崙配雲呢喃雪糕

Fresh Fruit Salad — $67
with Passion Fruit & Mango Sorbet
鮮雜果沙律配熱情果芒果雪葩

Cheese Selection — $116
with Dried Fruit, Walnuts and Crackers
芝士拼盤伴乾果、核桃及餅乾

Fresh Fruit Salad
with Passion Fruit & Mango Sorbet

Chocolate Ice-Cream Sundae